

# KAPAWE'NO FIRST NATION

P.O. Box 10, Grouard, Alberta T0G 1C0

Telephone (780) 751-3800  
Fax (780) 751-3864

## Chiefs Update

December 10, 2020

Greetings to Kapawe'no First Nation Residents/Members

### COVID 19

I am aware that there are concerns in regards to the recent rise in cases of COVID 19 in the surrounding areas of our community. We have been very fortunate that our community has been without any positive COVID cases within our Nation. I need to commend our residents for being diligent in following recommendations to date in regards to social distancing, hand sanitizing, the use of masks, and taking necessary precautions to limit potential exposure. I believe it is this, along with the measures taken administratively through avenues such as Security implementation, that have been a positive factor.

As many of you are aware, the Province of Alberta has declared a State of Public Health Emergency to protect the health care system from COVID 19. With this they have introduced stronger public health measures that will be in effect until January 12, 2021. I feel it is necessary to inform you that these measures affect every individual within the province of Alberta including everyone within the Nation.

While we have looked at the measures and restrictions imposed by the Province I need to remind members that Kapawe'no First Nation is still under its own Local State of Emergency and has been since this pandemic started in March of this year. The Nation has never removed the State of Local Emergency. With that said, although we need to be mindful of the province's restrictions, and adhere to them, we still have the ability to go above and beyond those measures. That includes developing protocols specific to our Nation in order to protect our residents. I need to remind residents that Security personnel are only doing what has been given to them in terms of duties while on shift. They are implementing a preventative measure for all of the Nation residents. Under no circumstances should there be any abuse directed to them at any time for them doing their jobs. Any concerns you have can be directed to Lyle Halcrow as Head of Security. We are also looking

at a communication protocol with other First Nations currently utilizing Security within our area to address areas of concern that may arise from Nation to Nation.

The upcoming closure of our Administrative offices to the public and to many of our staff is a means to limit the potential for possible exposure and transmission by anyone that may be a carrier of the Covid 19 virus. It is important to remind residents that it has been proven that a person can be a carrier of the Virus without showing any symptoms. Past negative results do not mean you will be safe from contracting the virus at a later date especially if you are not following preventative measures on a constant basis. I need to reinforce to the residents that there are many different physical issues that can affect those infected with the virus. Although some may recover with very little in terms of physical effects, there are many that suffer severe affects that include required hospitalization and in the most extreme, death to the positive Covid individual.

Although we can provide as much preventative measures through the Administrative process as possible, we will need the cooperation of every single resident on the Nation. We need to strive for a COVID free Nation, the potential high rate of transmission from one individual alone who has tested positive can have dire consequences within our community. I encourage home owners to take whatever precautions necessary to ensure you and your family are safe.

While we have tried to limit restrictions imposed on our members as much as possible, the current high rate of Positive cases can not be taken lightly. Our priority goal is to keep every single resident safe to the best of our ability. We will be very active in ensuring that residents are following the protocols as designed through our SOLE. Additionally, we are prepared to utilize the enforcement measures put into place by the province, including reporting anyone who is not following public health orders. This includes reports to AHS, Police, and or Bylaw Officers who have recently been given authority to enforce public Health Orders. Our security personnel have been instructed to use these reporting mechanisms if needed.

Any person can also file a complaint online to AHS public Health Inspectors or by calling 1-833-415-9179. Complaints of a serious nature can also be reported through your local police department.

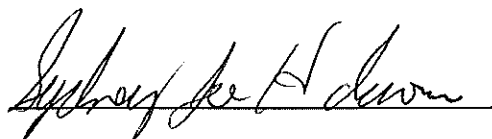
It is with regret that I inform the residents that Kapawe'no First Nation is currently operating without a Registered Nurse at the Health Centre. Our Nurse has left the Nation. We respect her decision for her resignation and we need to respect her right to privacy on the reason for the resignation. Her services to us while employed here were invaluable and she contributed tremendously with her guidance since the pandemic began. We wish her well in whatever decisions she makes going forward.

We are working diligently in finding a replacement for the position as soon as possible. We are also looking at every avenue to ensure that our members have access to services needed. This may be based on a partnership agreement on a temporary basis for critical services such as COVID testing. As soon as we have the logistics worked out, residents will be informed. Just a reminder that any member can still obtain testing through AHS online under Covid or by calling 811.

In closing I am asking that everyone to do their part in ensuring our community is as safe as possible. I will stress that those who do not take these protocols and preventive measures seriously may suffer the consequences of being reported officially. We do not want to have someone potentially face a fine that can be anywhere from \$1000.00 - \$100,000.00 but that is a true consequence. The ultimate factor is the wellbeing of all Nation residents and any violation will be reported accordingly.

Please do your part, not only for yourself and your family but for everyone in this community from the youngest child to the oldest resident. We as a community all have a role to play.

Sincerely,

A handwritten signature in black ink, appearing to read 'Sydney Halcrow', written over a horizontal line.

Chief Sydney Halcrow



# KAPAWE'NO FIRST NATION

P.O. Box 10, Grouard, Alberta T0G 1C0

Telephone (780) 751-3800  
Fax (780) 751-3864

December 9, 2020

## Kapawe'no First Nation Residents Information Update

The Province of Alberta announced Stronger public health measures to address the issue of the increasing number of Covid Cases. Provincewide restrictions are in effect to protect the health system and slow the spread of COVID-19. The current situation is critical. These mandatory restrictions apply province-wide and will be in place at least until January 12, 2021. We will be providing a copy of the latest Public Health Measures with this notice. If you would like to review this on your own you can find this copy on the Alberta Health Website.

The Kapawe'no First Nation will be initiating the following

1. All administration offices will be closed to general public and only key staff members will have access. Services that will still be provided will include payroll and accounts receivable only. Emergency services such as Furnace, water and sewer issues that can negatively affect residents can be addressed by contacting Lyle Halcrow at 780-523-6008
2. Medical Transportation will be discontinued temporarily and eligible members are encouraged to keep confirmation of appointments so that you can be reimbursed for private mileage. These papers can be submitted to the Health Centre This will be in effect from December 14<sup>th</sup> until January 8<sup>th</sup>, 2021. After this date this service will be re-evaluated.
3. Contract Workers; all contracted workers will be screened, registered, and issued a temporary permit to enter the Nation. Contracted workers and or service providers will not be allowed to enter homes.
4. Virtual School will move to at-home learning until January 11, 2021.
5. Each head of Household, as defined by the person whom the home has been allocated to, may be required to verify residency.
6. Post Secondary students whose primary residence is within the Kapawe'no First Nation are permitted entry on the Nation. It is recommended that they self quarantine if they are returning from an area with high COVID cases. Please do not visit any other homes as per provincial regulations.

7. We encourage residents to review the new restrictions regarding interaction with others outside of your immediate household. We further encourage those who are considered high risk to take whatever measures necessary to ensure you are not exposed to the Covid 19 virus.
8. Travel outside of the Nation should be limited to essential needs, grocery shopping, medical appointments, emergency services.
9. Kapawe'no First Nation will be delivering a food package within the next week to assist with necessary food products. These products will be dry/non-perishable foods that will be family sized portions.

**All Kapawe'no First Nation offices will be closed during the Christmas Break. This also means that essential staff will be on break. Offices will be closed at 4:30 on December 18<sup>th</sup>, and re-open to designated essential staff on January 6<sup>th</sup>, 2020. Lyle Halcrow will be available during this time for emergencies pertaining to homes.**

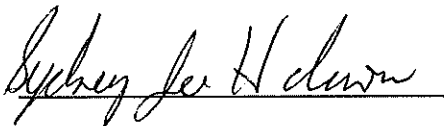
**Emergency Housing Issues Lyle Halcrow – 780-523-6008**

10. During the temporary shut down some essential staff may be working from home as recommended by the Province as another public Health Measure. *Working from home is mandatory unless the employer requires a physical presence for operational effectiveness. (Provincial Measure)*

During these days you may contact the following at the following cell numbers:

Band Office Concerns– Effie Anderson 780-523-7436

Health Centre Concerns– Dolores Flett 780-523-0172



Chief Sydney Halcrow

Signed on this the 10 day of December, 2020



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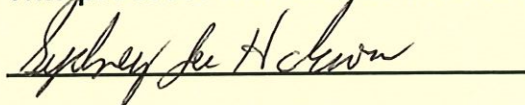
## KAPAWENO FIRST NATION SECURITY PROTOCOL

EFFECTIVE AS OF SUNDAY DECEMBER 13<sup>TH</sup>, 2020

1. Access to the Kapawe'no First Nation is limited to RESIDENTS ONLY, Kapawe'no First Nation Staff, Emergency Personnel such as Fire Department, Police, Child and Family Services, Alberta Health Services, and any service provider who has been assigned an approved Safe Pass. Band Members who are not residents of the Nation will not be allowed access.
2. In the case of an Emergency that requires a non-resident to enter the Nation, the Head of Household must complete a Request for Consideration Form that must be submitted to Lyle Halcrow, Head of Security. Emergencies will be considered based on a compassionate component. Forms will be available at the Security Gate.
3. All residents leaving and returning are required to provide information to Security as to where you are going and the purpose of your travel. Vehicle's will be logged as to exit and return times by Security Personnel. This is a mandatory requirement in the event that the Nation is required to do contact tracing.
4. The Security Staff have been instructed to utilize the services of enforcement as per the Enforcement Section of the Stronger Public Health Measures as issued by the Province of Alberta. "If you violate a Public Health Order you can be prosecuted for up to \$100,000.00 for a first offence".
5. The previous protocol allowing visitors to the Nation with a 24-hour notice to Security will no longer be in effect as of the date of this protocol.

Security Gate cell phone number: 780-523-0783

This protocol will remain in effect until further notice.



Chief Sydney Halcrow

Signed on this the 10 day of December, 2020



# December 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

		1	2	3	4	5
6	7	8	9	10	11 <i>Last day for non-essential staff</i>	12
13 <i>New Security Protocols Begin</i>	14 <i>Essential Staff Only Lockdown Begins</i>	15 <i>Essential Staff Only Lockdown</i>	16 <i>Essential Staff Only Lockdown</i>	17 <i>Essential Staff Only Lockdown</i>	18 <i>Essential Staff Only Lockdown</i>	19
20	21 <i>All Offices Closed Christmas Break Minimal Services</i>	22 <i>All Offices Closed Christmas Break Minimal Services</i>	23 <i>All Offices Closed Christmas Break Minimal Services</i>	24 <i>All Offices Closed Christmas Break Minimal Services</i>	25 <i>Christmas Day</i>	26 <i>Boxing Day</i>
27	28 <i>All Offices Closed Christmas Break Minimal Services</i>	29 <i>All Offices Closed Christmas Break Minimal Services</i>	30 <i>All Offices Closed Christmas Break Minimal Services</i>	31 <i>All Offices Closed Christmas Break Minimal Services</i>		

# January 2021

Sun

Mon

Tue

Wed

Thu

Fri

Sat

					1 <i>New Years Day</i>	2
3	4 <i>All Offices Closed Christmas Break Minimal</i>	5 <i>All Offices Closed Christmas Break Minimal</i>	6 <i>Essential Staff Return</i>	7	8	9
10	11 <i>Potential Virtual School reopen</i>	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



## Notifications

COVID-19: State of public health emergency. Mandatory measures in effect provincewide.

Close



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[COVID-19 info for Albertans](#)

## Stronger public health measures

Mandatory, provincewide restrictions are in effect to protect the health system and slow the spread of COVID-19.

### Bend the curve

Due to Alberta's high case numbers, aggressive action is required now to protect our health system from being overwhelmed.

The current situation is critical. These mandatory restrictions apply provincewide and will be in place at least until January 12, 2021.

Health officials are monitoring the situation and will adjust measures if required.

### Gathering restrictions

Alberta declared a State of Public Health Emergency to protect the health care system from COVID-19. Social gatherings are the top source of transmission.

Effective Dec. 8, all indoor and outdoor social gatherings are prohibited. This will be enforced with \$1,000 fines.

Indoor and outdoor social gatherings

*Mandatory restriction – Provincewide – Effective Dec. 8*

All indoor and outdoor social gatherings – public and private – are prohibited

- Close contacts are limited to household members only
- People who live alone can have up to 2 close contacts:

- must be the same two contacts throughout the duration of the restriction
- if the close contacts do not live alone, visits cannot be held at their home
- single parents who only live with their children under 18 are permitted to have up to 2 close contacts

This does not apply to:

- co-parenting arrangements
- service visits from caregivers, health or childcare providers
- home maintenance and repairs
- mutual support group meetings

[Read Order 41-2020 \(PDF, 102 KB\)](#)

#### Out-of-town travel and visitors

### Non-essential travel

- All out-of-town travel is discouraged at this time.

### Returning home

- If the individual belongs to the household (e.g., a child returning home from post-secondary), then they would be permitted to return to the home.
  - If participating in the [Border Testing Pilot Program](#), all program directives must be followed before rejoining the household.
- If you do not have a household in Alberta, you must not stay in other people's homes while these restrictions are in place.

### Visitors

- Out-of-town visitors cannot stay in other people's homes while these restrictions are in place, regardless of where they are coming from.

While we appreciate this may affect your travel plans as you may wish to visit or stay with family, the increase in COVID cases is being taken very seriously and these enhanced public health measures are required to stop the spread of COVID-19.

#### Weddings and funerals

*No change – Mandatory restriction – Provincewide – Effective Nov. 24*



- Maximum of 10 people for wedding ceremonies or funeral services and must be held in a public place
  - This includes the officiant, bride/groom and witnesses
  - This does not include staff or organizers who are not considered an invited guest
  - This applies to any facility, including places of worship and funeral homes.
  - This includes services held indoors or outdoors, seated or non-seated.
- Receptions are not permitted

This measure will help limit exposure, reduce outbreaks and protect vulnerable attendees.

#### Places of worship

#### *Mandatory restriction – Provincewide – Effective Dec. 13*

Faith services are limited to 15% of fire code occupancy for in-person attendance:

- Services must be held at their normal location
- Physical distancing between households must be maintained
- Mask use is mandatory

Alternatively:

- Virtual or online services are recommended
- Drive-in services where people do not leave their vehicles and adhere to guidance are allowed

Additional safety measures:

- In-person faith group meetings and other religious gatherings are:
  - not permitted in private homes while these measures are in effect
  - permitted when conducted at a place of worship as long as physical distancing and public health measures are followed
- Faith leaders and other speakers can remove their masks while speaking if there is a distance of 2 metres. The mask must be put on again once finished speaking.
- Group performance activities, such as choir singing and playing music, are permitted if they are normal worship practices and not for the purpose of entertainment. Performers must wear masks at all times.

## **Workplaces, schools and child care**

- Effective Dec. 8, masks are mandatory in all indoor public spaces and workplaces.
- Effective Dec. 13, working from home is mandatory when physical presence is not required.
- Current child care and K-12 learning measures remain in effect.

#### Mandatory mask requirements

#### *Mandatory restriction – Provincewide – Effective Dec. 8*

Masks are mandatory in all:

- indoor public places
- places of worship
- indoor workplaces and facilities outside the home, except:
  - when working alone in an office or a safely distanced cubicle or a barrier is in place
  - rental accommodations used solely for the purposes of a private residence
  - farm operations (exempt)

This workplace requirement:

- applies to all employees, customers, visitors, delivery personnel and contractors
- includes any location where employees are present in-person
- includes all workplace locations where masks won't pose a safety risk
- does not change current student mask requirements in schools

[Read Order 41-2020 \(PDF, 102 KB\)](#)

Working from home

*Mandatory - Provincewide - Effective Dec. 13*

Working from home is mandatory unless the employer requires a physical presence for operational effectiveness.

K-12 Schools

*No change – Mandatory restriction – Provincewide – Starting Nov. 30*

Grades 7-12 students

- Move to at-home learning Nov. 30 to Jan. 8, except during winter break\*
- Resume in-person classes Jan. 11
- Diploma exams are optional for rest of the school year. Students and families can choose to write an exam or receive an exemption for the January, April, June and August 2021 exams.

Grades K-6 students, including [Early Childhood Services](#)

- Continue in-person learning until their scheduled winter break (generally Dec. 18\*)
- Move to at-home learning after the winter break until Jan. 8
- Resume in-person classes Jan. 11

\*Schools have different winter break schedules, check with your school for details.



Exemption is available for students with disabilities or in outreach programs, learn more at [K-12 learning during COVID-19](#).

#### Child care

#### *No change to current measures*

Licensed daycare, out-of-school and preschool program can continue operating as long as providers follow all public health orders and [guidance for child care programs](#).

## Business and service restrictions

Effective Dec. 13, some businesses will be required to close, reduce capacity or limit their in-person access.

All [previous restrictions from Nov. 27](#) remain in place until the new restrictions come into effect.

#### Retail

#### *Mandatory restriction – Provincewide – Effective Dec. 13*

Retail services must reduce customer capacity to 15% of fire code occupancy or a minimum of 5 customers:

- Curbside pick up, delivery and online services are encouraged
- Shop alone if possible or only with the people you live with
- Shopping mall:
  - capacity limits of 15% include common areas and individual stores
  - food courts open for grab and go only

Retail services include:

- Retail businesses operating within a shopping centre or mall
- Shopping centres and malls
- Pet supply stores
- Grocery stores
- Pharmacies
- Clothing stores
- Computer and technology stores
- Hardware
- Automotive
- Sporting goods
- Liquor and cannabis
- Gift shops
- Markets

### Restaurants, bars, pubs, lounges and cafes

#### *Mandatory restriction – Provincewide – Effective Dec. 13*

- All restaurants, pubs, bars, lounges and cafes are closed to in-person service.
- Take out, curbside pickup and delivery services are allowed.

### Entertainment and recreation facilities

#### *Mandatory restriction – Provincewide – Effective Dec. 13*

All entertainment businesses and entities must close, including:

- Casinos, bingo halls, gaming centres
- Racing centres, horse tracks, raceways
- Bowling alleys, pool halls
- Legions and private clubs (nightclubs must remain closed)
- Art galleries, libraries and museums
- Science and interpretive centres
- Amusement and water parks
- Children's play centres and indoor playgrounds
- Theatres, auditoria and concert halls
- Banquet halls, conference centres and trade shows

All indoor recreation facilities must close, including:

- Gyms and studios
- Fitness and recreation centres
- Spas, pools, indoor rinks and arenas
- Day and overnight camps
- Community halls and centres

Outdoor recreation is permitted, but facilities with indoor spaces except for washrooms will be closed.

### Personal and wellness services

#### *Mandatory restriction – Provincewide – Effective Dec. 13*

All personal and wellness services must close.

Personal services include:

- esthetics, manicure, pedicure, body waxing, make-up



- body, nose and ear piercing, and tattoos
- artificial tanning and spray tanning
- facial, eyebrow and eyelash treatments
- cosmetic skin and body treatments
- laser hair and tattoo removal
- hairstyling and barbering

Wellness services include:

- massage therapy
- floatation tanks
- reflexology
- colonic irrigation

Health, social and professional services

*Mandatory - Provincewide - Effective Dec. 13*

Regulated health services can remain open by appointment only as long as public health orders and sector guidance is followed. Appointments should be limited to one-on-one services.

- physicians, dentists
- physical therapists
- optometrists
- chiropractors
- hearing aid practitioners
- acupuncturists
- naturopaths

Professional services can remain open by appointment only:

- lawyers
- mediators
- accountants
- photographers

Social services can remain open for in-person services including:

- social, protective or emergency services
- shelters for vulnerable persons
- not-for-profit community kitchens, religious kitchens and soup kitchens

Home-based businesses should follow the restrictions for the type of service they provide.

**Hotels, motels, hunting and fishing lodges*****Mandatory - Provincewide - Effective Dec. 13***

Hotels, motels, hunting and fishing lodges may remain open but must follow restrictions:

- No spa, pool or gym access
- No in-person dining (room service only)

**Performance activities*****Mandatory restriction – Provincewide – Effective Dec. 13 (Nov. 27 restrictions remain in effect until Dec. 13)***

Performance activities include dancing, singing, theatre and playing wind instruments.

**Outdoor settings**

- Rehearsals and practices are permitted up to a maximum of 10 participants. Physical distancing and other relevant guidelines must be followed.
- Performances with audiences are not permitted.

**Indoor settings**

- No group performances in indoor settings are permitted.
- Rehearsals, practices and lessons involving 2 or more are not permitted.

**Lessons**

- 1-to-1 in-person lessons are permitted.
- Virtual lessons are strongly encouraged where possible.

**School settings**

- Phys Ed., band and drama classes are permitted to continue
- Assemblies, performances, concerts, and inter-school games, activities and competitions are not permitted.

**Places of worship**

- Indoor group performance activities conducted in a place of worship, such as choir singing and playing music, are permitted provided these are normal activities conducted as part of worship practices and not for the purpose of entertainment.

**Sport and physical activities**

*Mandatory restriction – Provincewide – Effective Dec. 13 (Nov. 27 restrictions remain in effect until Dec. 13)*

Group physical activities, including team sports, fitness classes and training sessions, are prohibited or restricted across Alberta.

- Outdoor group physical activity, including team sports, must be limited to 10 people or fewer.
  - members of different households must maintain 2 metre distancing at all times
- Indoor group physical activities are prohibited unless
  - the group only involves members of the same household.
  - the activity involves students at a school or post-secondary institution as part of an education program
  - the activity involves students at a post-secondary institution
- One-to-one indoor training, such as training with a fitness trainer or coach, is not permitted.

## Financial support

### Canada's COVID-19 economic response plan

Financial support programs are available to help people, families and businesses facing hardship as a result of COVID-19.

[Find a program](#)

### Small- and medium-enterprise relaunch grant

Funding is available for small- and medium-sized businesses, co-ops and non-profits impacted by COVID-19 to offset a portion of their costs.

[Learn more](#)

## Why these measures are needed

Albertans have a responsibility to slow the virus's spread and make sure the health system can continue supporting patients with COVID-19, influenza and many other needs.

There is a time lag between when people get infected and when new cases are identified. This means the cases we see today were infected up to 2 weeks ago.

We must work together to protect each other. The greater the community spread, the more likely it will infect our loved ones most at-risk of severe outcomes, including death.

## What else you should do

Albertans must continue following existing public health measures to keep everyone safe:

- Stay 2 metres apart when you can, wear a mask when you can't
- Practice good hygiene: wash your hands often and cover coughs and sneezes



- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
  - if positive, isolate from others for 10 days or until symptoms are gone, whichever is longer
  - if negative, stay home until you're better
- Avoid non-essential travel
- Get the flu shot to keep influenza cases low so health workers can focus on the COVID-19 pandemic
- Download and use the ABTraceTogether contact tracing app when out in public

## Enforcement

If you violate a public health order, you may be subject to a \$1,000 fine. Additionally, you can be prosecuted for up to \$100,000 for a first offense.

If you are concerned someone is not following public health orders, you can:

- remind them that not following orders is against the law and puts people at risk
- submit a complaint to AHS public health inspectors online or call 1-833-415-9179

### Submit a complaint

Complaints that require an immediate response can also be reported to your local police force through their administrative phone line.

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Home



**KAPAWE'NO FIRST NATION**

**SECURITY PROTOCOL**

**NON-RESIDENT EMERGENCY ACCESS APPLICATION FORM**

Date of Application: \_\_\_\_\_

Name of Head of Household/Applicant \_\_\_\_\_

House Location: \_\_\_\_\_

Name of person/persons to whom you are requesting permission to have access onto the Nation:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Date you want the access granted on the Nation: \_\_\_\_\_

Date they will be leaving the Nation: \_\_\_\_\_

Please describe the reasons why you are requesting access for the non-resident on the Nation.

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Do you have any supporting documentation to support your request? YES NO

If you answered yes please provide copy of supporting documentation to this application.

Please note that this application for emergency access applies to those named in the application form only. You will be responsible to ensure that those you are applying for will only be in your house alone. Anyone found in any other home other than where they received approval for will be asked to leave the Nation.

By signing this application, you agree to take responsibility for the person/people you are applying for.

I agree to take responsibility for the person/people named in my application.

Signed by \_\_\_\_\_ on this the \_\_\_\_\_ day of \_\_\_\_\_

Contact Number: \_\_\_\_\_

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FOR HEAD OF SECURITY ONLY:

I LYLE HALCROW APPROVE \_\_\_\_\_ Deny \_\_\_\_\_ the application based on the following reasons.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Lyle Halcrow

Date: \_\_\_\_\_